

# Community-based VCT at THP Practice Sites in KZN

Nelson R. Mandela School of Medicine, UKZN PEPFAR Project:

Biomedical and Traditional Healing Collaboration on HIV/AIDS

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### THP Prevention Counseling (1)

# On the understanding and role of traditional healers

- 1. It is true that Human Immunodeficiency virus exists
- 2. Traditional healers have a responsibility to raise community awareness as to the danger posed by this virus



## THP Prevention Counseling (2)

- On appropriate sexual behaviour and reducing personal risk
  - 1. Be proud of your virginity by not engaging in premature sexual activities
  - 2. Remain faithful to the partner you are married to
  - 3. Use every protection you need to prevent blood to blood, and body fluid encounters



# THP Prevention Counseling (3)

- On reducing vulnerability due to poverty
  - 1. Be proud of yourself and not allow your sexuality to be used cheaply because of lack of financial resources
  - 2. Lets assist each other to find a reasonable employment and other community upliftment opportunities to keep you out of staying at home with no responsibility
  - 3. Avoid associating with people using drugs instead be part of sports
  - 4. Find support groups when in abusive relationships
  - 5. Let us protect our children from being raped by criminals as raping a child is not a cure for AIDS



#### THP VCT -- The Legal Framework (1)

- Traditional Health Practitioners Act
  - Passed by Parliament, signed by President Mbeki
  - Regulations not yet issued so not implemented
  - Establishes Interim THP Council which would regulate practice including VCT
  - Act itself is silent on issue of THPs and VCT
  - Act DOES NOT prohibit THPs from treating AIDS, Cancer etc. (misreading of offenses section on THPs NOT registered with the Council)



#### THP VCT -- The Legal Framework (2)

- New Health Act
  - Passed by Parliament
  - Regulations under development, not issued, Act not yet implemented
  - Act itself silent on THP practices
  - Section on Tissue will replace current Human Tissue Act (1983)



#### THP VCT -- The Legal Framework (3)

Current National Policy for Testing for HIV (Government Gazette No.1479, 10 December 1999) silent on the issue of who does VCT

- New Draft "The national policy on voluntary counseling and testing (VCT) for HIV and AIDS in South Africa" (Sept. 2004):
- "[VCT] will be provided independently and/or jointly with private sector organizations, nongovernmental organizations (NGO's) and community-based organizations." (pp7-8).

#### THP VCT -- The Legal Framework (4)

With regard to the delivery of VCT in "non-medical settings" the policy document states:

"Close integration of VCT in community-based and non-medical centres with other prevention, care and support services must be carefully planned and implemented if non-medical VCT services are to offer effective and comprehensive services to individuals." (p.9).

#### THP VCT -- The Legal Framework (5)

- "Only professionals registered with the South African Health Professional Councils are eligible to conduct HIV testing." (p.13)
- The Heath Professions Council
- The Nursing Council
- The Allied Health Professions Council
- The Interim Traditional Health Practitioners Council of South Africa



#### THP VCT -- The Legal Framework (6)

- KZN: Traditional healers registered with the KZN Traditional Healers Council are automatically registered with the new Interim THPCSA
- \* THPs in KZN governed by the KwaZulu Act on the Code of Zulu Law, 1985. The 1891 Code of Zulu Law governs and protects the right of a registered traditional healer to practice, and this practice has been (recently) held by the courts to include surgery and medical treatment -- would cover VCT.
- Curiously, given the absence of similar provincial legislation in other provinces, in the current legal of only KZN THPs can legally practice

#### THP VCT -- The Legal Framework (7)

- The Human Tissue Act, 1983
- Act is silent on VCT (rapid tests did not exist at the time)
- Only medical practitioners, dentists and persons acting under their supervision may remove and transplant tissue, withdraw blood or administer blood or a blood product for the purposes of the Act (section 23).
- Question whether rapid pin-prick diagnostic blood test constitutes "withdrawal" of blood from a "living donor" -- was this the intention of the Act?
- Are THPs now "medical practitioners" along with nurses, Ayurvedic and Chinese doctors etc (Health Council members)?
- Regulations?



Our Greatest Challenge HIV/AIDS (Steve Smith's slide)





#### THANK YOU

Enhancing Quality of Care Meeting, February 14-16, 2006 Kopanong Hotel, Johannesburg



